

# SPEAKER SCHEDULE

Saturday, October 7 | 9am to 4pm | Del Mar Fairgrounds Exhibit Hall

TIME	Room One: Health (Seats 300)	Room Two: Lifestyle (Seats 300)	Room Three: Financial (Seats 300)
9:15 a.m.	 <p><b>The Enlarged Prostate: Symptoms, Diagnosis and Treatment</b> Dr. Philip Butler Genesis Healthcare Partners</p>	 <p><b>The Gift of Age</b> Richard Lederer, PhD Verbivore, Inc. and The San Diego Union-Tribune</p>	 <p><b>Social Security - Making the Best Choices for Your Retirement Income</b> Tyler Tong Waddell &amp; Reed Financial Advisors</p>
10 a.m.	 <p><b>Finding Relief from Chronic Joint Pain and Discomfort</b> Dr. Steven Allsing Sharp HealthCare</p>	 <p><b>Traveling Keeps You Young!</b> Pat Brown DayTripper Tours</p>	 <p><b>Medicare Planning: What You Need to Know This Year</b> Jeffrey Wetzel Bridlewood Insurance Services</p>
11 a.m.	 <p><b>Dementia, Memory and Brain Health</b> Dr. Dara Bliss Schwartz Geriatric Psychologist &amp; Clinical Program Developer. Sharp Mesa Vista</p>	 <p><b>Natural &amp; Cyber Disasters: Helping You To Be Prepared</b> CA Earthquake Authority, American Red Cross, SD County Emergency Svcs, &amp; SD Office of Homeland Security. Host: <b>Dave Scott</b>, KUSI Weatherman</p>	 <p><b>Living Trust or Living Nightmare?</b> John M. Preston Preston Estate Planning, A Professional Law Corporation</p>
12 p.m.	 <p><b>Increase Your Brain Health!!</b> Dr. Diane Darby Beach, MPH, Ed.D, Gerontologist Help Me With My Parent: Geriatric Care Management, Placement, and Training</p>	 <p><b>Courageous Aging: Your Best Years Ever... Reimagined</b> Dr. Ken Druck Druck Enterprises Inc.</p>	 <p><b>Enjoy a Financially Secure Retirement</b> Dustin TenBroeck Retirement 101</p>
1 p.m.	 <p><b>Women's Heart Health</b> Regis Fernandes, MD Cardiologis Mayo Clinic brought to you by Palomar Health</p>	 <p><b>Medical Marijuana: Learn the Latest in New Uses for Pain Relief &amp; Healing</b> Christine Bordenave Torrey Holistics</p>	 <p><b>How to Protect Your Estate from the Government</b> Jeffrey A. Isaac, Attorney at Law Lawyer in Blue Jeans Group</p>
2 p.m.	 <p><b>Physical Exercise and Aging</b> Regis Fernandes, MD Cardiologis Mayo Clinic brought to you by Palomar Health</p>	 <p><b>Cartooning &amp; Commentary</b> Steven Breen Editorial Cartoonist, San Diego Union-Tribune</p>	 <p><b>Real Estate Essentials: 55 and Over Guide to Real Estate</b> Summer Stephan San Diego Association of Realtors</p>
3 p.m.	 <p><b>Long-Term Care Planning: Myths Surrounding Medi-Cal Benefits and How to Qualify your Family Member</b> Philip Lindsley San Diego Elder Law Center</p>	 <p><b>Mexico's Magical Copper Canyon! Luxury Train Tours</b> Sue Stilwell S &amp; S Tours &amp; Balderrama Hotel Collections</p>	 <p><b>CA Dreaming or Struggling? Gen X and Boomer Financial Security in the Golden State</b> Stacey Moore AARP California</p>