

VBX 2018: RECREATION AND CRAFTS CONFERENCE PLAN (1 HOUR)

Purpose Statement

This one-hour plan will help conferees become familiar with the recreation and crafts options for preteens in VBX 2018: Game On!TM

Needed Resources

- *VBS 2018 VBX Preteen Bible Study Leader Guide*
- Handout (at end of document)
- VBX crafts — Prepare and display one of each craft (instructions are found on pages 13, 20, 27, 34, and 41 of the leader guide).
- Child-size wading pool
- Packing peanuts (enough to fill wading pool)
- Index cards — Write the following on separate note cards (one day per card): *Day 1: Find the Sheep, Ketchup and Mustard Tag; Day 2: Wrap It Up, Concession Stands; Day 3: 3 Ball, In Line Formations; Day 4: Interception, In a Pickle; Day 5: Half Time Games*. Hide the cards in the packing peanuts.
- Poster board — Print each of following on a separate sheet of poster board: *Popcorn, Nachos, Cotton Candy, and Hotdogs*. Place the signs in the four corners of the room.
- 3-ounce bottles of hand sanitizer (1 per conferee)
- Balloons (1 per conferee)
- Sports theme beads (2 per conferee)
- Small gift tags (1 per conferee)
- Ribbon (12 inches per conferee)
- Scissors
- Permanent markers
- Poster board

Room Setup

Arrange chairs around the perimeter of the room to create a large, open space for recreation. Use the focal wall suggestions on page 6 of the VBX leader guide. Cover the table with a *VBS 2018 Tablecloth* and display the crafts suggested for VBX 2018. Set up tables with craft supplies at one end of the room.

Teaching Steps

1. Welcome: Get Your Game On! (3 minutes)

- Welcome conferees and explain that VBX can operate as a self-contained VBS experience, where preteens do not rotate to the same rotations as 1st-4th graders. Instead, churches can offer special recreation and crafts rotations that kick things up a notch for preteens. Today conferees will learn more about these VBX options.
- Explain that in this session you will also share adaptations to games and crafts that could be implemented during VBX.
- Encourage conferees to share their ideas for game adaptations as well.

2. Find the Sheep (30 minutes)

- Call attention to the wading pool filled with packing peanuts.
- Select five willing volunteers and lead them to remove their shoes and socks.

- Explain that volunteers will take turns standing in the wading pool and searching for a prepared card using their toes. After the first volunteer completes the challenge by picking up one card, the next volunteer will take a turn.
- Debrief each day in the order presented in the leader guide after all cards have been found. Mention this year there are two recreation options for Days 1–4 and several options for Day 5. Review each day’s recreation options:
 - Day 1: Find the Sheep
 - Explain the game based on the instructions on page 14.
 - Suggest using packing peanuts instead of ice and water as a “dry” adaptation.
 - Day 1: Ketchup and Mustard Tag
 - Explain the game based on the instructions on page 14.
 - Suggest that kids hold red sheets of paper for the *Ketchup team* and yellow sheets of paper for the *Mustard team* to make them more easily identifiable.
 - Day 2: Wrap It Up
 - Explain the game based on the instructions on page 21.
 - Use streamers to make the game more colorful.
 - Day 2: Concession Stands
 - Lead the group to play “Concession Stands” together based on the instructions found on page 21.
 - Day 3: 3 Ball
 - Explain the game based on the instructions on page 28.
 - Day 3: In Line Formations
 - Explain the game based on the instructions on page 28.
 - Lead smaller groups to use chenille stems to make the formations.
 - Day 4: Interception
 - Explain the activity based on the instructions on page 35.
 - Give every preteen outside the circle a super bouncy ball, for a crazy adaptation.
 - Day 4: In a Pickle
 - Explain the game based the on instructions on page 35.
 - Give “taggers” bandannas so they are more easily identified.
 - Day 5: Half Time Games
 - Explain the games based on the instructions on page 42.

3. Suit Up Sanitizer (10 minutes)

- Share that you will give each conferee the opportunity to make the craft for Day 3.
- Invite conferees to the table filled of supplies. Show the sample craft and lead conferees to make their own version using the supplies provided.
- Encourage conferees to keep these sanitizers in a spot where they will use them often and remember to pray and prepare for VBX 2018!

4. Craft Overview (15 Minutes)

- Lead conferees to return to their seats.
- Talk through each day’s craft options and provide conferees with a few adaptations.
 - Day 1: Rally Towel

- Show the Rally Towel (made before the session) and briefly explain how the craft is made based on the instructions on page 13.
- Provide the following adaptations:
 - ~ Photocopy crosses onto heavyweight paper and cut out instead of providing large letter stickers. Secure to towel with double-sided tape.
 - ~ Make copies of your home state on heavyweight paper and cut out instead of providing letter stickers. Secure to towel with double-sided tape. Tell preteens these can be reminders to pray that people where they live will come to know Jesus.
 - ~ Make spirit rags (instead of towels) using large squares of white fabric.
- Day 2: Team Pouch
 - Show the premade Team Pouch and briefly explain how the craft is made based on the instructions on page 20.
 - Suggest conferees use duct tape sheets (available at craft stores) instead of strips of duct tape.
- Day 3: Suit Up Sanitizer
 - Show the premade Suit Up Sanitizer and briefly explain how the craft is made based on the instructions on page 27.
 - Ask conferees to share one or two adaptations they might make after making the craft themselves.
- Day 4: Tabletop Football Game
 - Show the premade Tabletop Football Game and briefly explain how the craft is made based on the instructions on page 34.
 - Turn it into a basketball game if green foam core is unavailable.
- Day 5: Instant Replay Earbud Case
 - Show the premade Earbud Case and briefly explain how the craft is made based on the instructions on page 41.
 - Substitute 8-ounce deli containers (from Amazon[®]) if used mint tins are hard to find.

5. Conclusion (2 minutes)

- Remind conferees that it is important to use activities that really engage preteens to make them want to come back for more!
- Pray that God will bless each conferee as he or she prepares to lead VBX.



CRAFTS AND RECREATION

VBX 2018

● RECREATION ●

Day 1:

Day 2:

Day 3:

Day 4:

Day 5:

● CRAFTS ●

Day 1:

Day 2:

Day 3:

Day 4:

Day 5: