CHANGING DIAPERS

Hygiene Posters (Babies–2s)
WASHING HANDS

WASH YOUR HANDS...

• before feeding a child.
• before and after treating a cut.
• after assisting a child with toileting.
• after wiping a child’s (or your own) nose or mouth.

HELP PRESCHOOLERS WASH THEIR HANDS...

• before eating.
• after going to the restroom.
• after being outdoors.
• after activities such as painting or using play dough.
CLEANING & DISINFECTING

4 cups water + 1 tablespoon chlorine bleach =

Clean toys and books...

...each time they are handled or mouthed by a child.

Clean cribs and mats...

...before the first session and after every session.