

R.A.R.E. DISCIPLESHIP

I. Four Qualities of Good Leaders—Four Ways in Which We Should Follow God

- A. Using the right side of our brain: the Attachment Center (Relationship), the Identity Center, and the Joy Center
- B. Four dimensions of leadership and following God
 - 1. Remain relational
 - 2. Act like yourself (your identity)
 - 3. Return to joy
 - 4. Endure hardship

II. Remaining Relational

- A. Intimacy—a divine dance dominated by learning to be a good receiver—especially of God’s supernatural love (Ephesians 5:18-20; Romans 5:1-5; Ephesians 3:14-21)
- B. Curiosity—staying engaged even when you don’t understand
- C. Appreciation—being joyful always, giving thanks in all circumstances (I Thessalonians 5:16-19)
- D. Kindness—looking for ways to bless God (Matthew 25:34-40)
- E. Sandwich conversations (Psalm 100:1-5; 27:4-14)

III. Act Like Your Real Self (Your True Identity)

- A. Beloved sons and daughters (Romans 8:14-16)
- B. Made for good works (Ephesians 2:10)

IV. Return to Joy

- A. The river of joy that runs through all believers (Romans 8:28, 31, 32)
- B. Soaking in God’s presence: worship, prayer, thanksgiving, promises
- C. Joy helps us through hardship (Hebrews 12:2)

V. Endure Hardship—Looking for More, Not Less

- A. Every hardship is an opportunity for creative wisdom and more blessing (James 1:2-6).
- B. Every hardship can bring a harvest of righteousness, peace and healing (Hebrews 12:7-13).

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