

A Moment's Rest

Luke 10:38-42

- I. **Learning to receive Jesus when His presence shows up**
 - A. Many of us have learned to receive Jesus in a worship service. But what about other times?
 - B. The opposite of what Jesus was looking for in our story was “worried and upset about many things” (Luke 10:41).
 - C. Mary, like Moses, turned aside to see the burning bush.
 1. At that moment something was being released from heaven (E.g. Road to Emmaus—Luke 24:31-32).
 2. Mary chose the one thing that was appropriate for that moment (Luke 10:42).
 3. It is easier to “choose what is better” when you know Jesus’ presence.

- II. **God’s rest may come to us at any time, even in the busy-ness of the day. “Here I am, I stand at the door and knock...” (Revelation 3:20).**
 - A. It is not the busy-ness that causes me to miss Him. It is the “worried and upset about many things” (Luke 10:41).
 - B. A block to experiencing rest is a limited view of God’s pursuit of me.
 1. Jesus is looking for a place of rest. “Foxes have dens and birds have nests...” (Matthew 8:20).
 2. But the Lord called to the man, “Where are you?” (Genesis 3:9)
 - C. Receiving Jesus whenever He knocks takes the pressure off of our “quiet” time.

- III. **There is also rest in loving God back. “We love, because He first loved us” (I John 4:19).**
 - A. Mary worshiped Jesus at another time when Jesus was present just before His death (John 12:1-7).
 - B. At the end of His life, Jesus sought comfort and rest with a few of his friends (Psalm 69:19-20).
 - C. Jesus carried the aroma of Mary’s extravagant gift all the way to the cross and beyond (Matthew 26:10-13).
 - D. We seriously underestimate our ministry to the Lord and the benefit that follows for this life and the life to come.
 1. He made us for purposes and gifts that only we can release (Ephesians 2:10). There is rest in our authenticity.
 2. There is also rest in loving others (Matthew 25:37-40; Isaiah 58:6-11).

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