

Momentum Fest Class Line Up - SATURDAY

REGISTRATION & EXPO	<i>Registration booth opens at 7:30am</i>	<i>Most vendors open at 7:30am</i>	
REFORMER CLASSES	Reformer classes will be held in the Balanced Body vendor area (Private Dining Room)		
8:30-9:30	Courtney Miller - Pilates/HIIT Fusion INTERLOCKEN A	Delia Buckmaster- Pilates Awaken INTERLOCKEN C	Jessica Valant - Becoming a Wonder Woman INTERLOCKEN B
9:45-10:45	Tracey Mallett - Pilates with the Band INTERLOCKEN C	Trina Altman - Pilates Deconstructed - Arch, Curl, Connect & Unwind INTERLOCKEN B	Jenna Zaffino - Breathe with Me INTERLOCKEN A
11:00-12:00	Jenn Perell - Rhythm + Power with Music (Vinyasa Flow) INTERLOCKEN A	Grace Hurry - Cadillac on the Mat INTERLOCKEN C	Meredith Rogers - Circle of Breath (Pilates with the Magic Circle) INTERLOCKEN B
BREAK & EXPO 12:00-1:30	<i>Lunch on your own, expo open</i>		
1:30-2:30	Tracey Mallett - bbarreless INTERLOCKEN A	Anula Maiberg - When in Doubt: Rolling Like a Ball INTERLOCKEN B	Meredith Rogers - Back to Basics INTERLOCKEN C
2:45-3:45	Courtney Miller - Baby's Got Back INTERLOCKEN B	James Crader- Movement Lab: Pilates INTERLOCKEN C	Jenna Zaffino- Movement Mantras INTERLOCKEN A
4:00-5:00	Grace Hurry - Brit Pop Pilates INTERLOCKEN C	Lesley Logan - Reformer on the Mat INTERLOCKEN B	Trina Altman - Yoga Deconstructed - Rock Star Shoulders INTERLOCKEN A
REGISTRATION & EXPO	<i>Registration booth closes at 5:00. Vendors will stay open for shopping! (Exact hours are dependent on vendor).</i>		
PARTY 8:00-11:00 INTERLOCKEN BALLROOM	<i>Trade in your workout pants for heels and come celebrate! Join us for live music, dancing, henna, a cash bar and a red carpet photographer. It's the perfect time to let loose with friends!</i>		