1438 Going Local
Katie and Gilda both live in Japan. They share home much of the culture, such as language and food, they use every day.

Katie: So, we're talking about going local as we're in a different country. How much of the local culture do you ______ (1)? How much, like local ... cause we both live in Japan right? How much in percentage for example? How much Japanese food would you ______ (2) you eat?

Gilda: Oh, I would say probably like 80% of my food is Japanese food. Yeah, I like it because most of it is ______ (3) and it's actually like what I can get in the cafeteria at work so ... 

Katie: That's convenient. Gilda: It's convenient. What about you?

Katie: I ______ (4) make my own food, and Japanese food is really difficult to make I think. I'm really ______ (5) when it comes to cooking anyway. I'm really bad at cooking.

And to have to try to learn a new ______ (6) of cooking is just too much for me. I'm really lazy. So I would probably say if I'm cooking food myself, I never cook Japanese food. Zero ______ (7) of the time. I never, but if I go to a restaurant then sure, I can eat Japanese food sometimes.

Gilda: I sometimes ______ (8) the TV and learn how to cook Japanese food. There's some easy recipes. Do you ever watch that - Japanese television?

Katie: I try, but like you said there's a lot of ______ (9) programs

Gilda: That's what I was about to say, there's ______ (10) of cooking TV shows, programs.

Katie: And I watch cooking ______ (11) and I just get angry that I can't cook! I can't do it like that so I get ______ (12), so I stop watching.

Gilda: Yeah, I see.

Katie: What about other kinds of shows? Like, not just cooking shows?

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when it comes to

I'm really challenged when it comes to cooking.

The phrase **when it comes to** means regarding, about, or concerning.

Notice the following:

1. I am terrible when it comes to math.  
2. When it comes to sports, I am hopeless.

**trending**

What's *trending* in Japan.

When something is trending, it is very popular at the time. Notice the following:

1. What shows are trending these days?  
2. I love to follow what's trending on twitter.

**rest**

And the *rest* would be English.

Here, the word *rest* means *remaining*, or what is left from a group. Notice the following:

1. She ate the rest of the pizza from last night.  
2. I can remember some of the story, but I forgot the
and yeah, sometimes they are very interesting. They also talk about the clothing season, what's *trending* in Japan. What young would people would do, and they have some interviews sometimes, and they're always teaching you something, so that's something I like about Japanese TV, you always learn something, from other countries as well. That's true.

**Katie**: That's true. So how about your friendship circle? How much percent of your friends would you say are Japanese versus International?

**Gilda**: Oh, I would say probably 40% are Japanese. Yeah, the rest of them are international people cause I work with international people, so I spend most of the time with them.

**Katie**: And when you're with your Japanese friends, so you speak mostly in English, or mostly in Japanese?

**Gilda**: Oh, I would say like probably 70% Japanese and *the rest* would be English because normally when they know a second language, it's English not Spanish, so I like zero percent Spanish, a lot of Japanese, but yeah like I would say 70% of the conversation is in Japanese also because I want to practice my Japanese.

**Katie**: Right.

**Gilda**: What about you?

**Katie**: Well, I would say out of my friends, recently, I've had like no time to *socialize*, so probably like 30% of my friends are Japanese, but when I speak with them it's mostly in Japanese. I don't like speaking in English. For me, for the same reasons as you, like, I want to practice my Japanese.

**Gilda**: But I would say that from my Japanese friends, like most of them, probably like 80% of them always want to speak in English because they want to practice English too, so it's like a *give-and-take*, like we speak a little bit in Japanese, but sometimes we speak more in English. It depends also the topic and what you're talking about.

**Katie**: If it's a topic you can talk about, then, yeah, *go for it* in Japanese, but if it's a difficult topic ...

**Gilda**: Yes, exactly, yeah!

---

### Speaking Challenge

*Answer these questions related to the lesson.*

**Q1** When is comes to sports, are you a good athlete?

**A1**

**Q2** Do you like to socialize with new people?

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### Go for it

Yeah, *go for it* in Japanese.

When you go for it, you try to do something that is challenging that you think you cannot do, or will not like. Notice the following:

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2. say / saying
3. health / healthy
4. most / mostly
5. challenge / challenged
6. style / styles
7. percent / percentage
8. watch / watching
9. cook / cooking
10. ton / tons
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**socialize**

I've had like no time to **socialize**, When you socialize, you talk and chat with people, such as friends or people you meet. Notice the following:

1. I love to socialize at parties.
2. You should not socialize too much at work.

**give-and-take**

So it's like a **give-and-take**.

When something is give-and-take, two people need to compromise so both sides are happy. Notice the following:

1. All strong relationships are give-and-take.
2. He is so selfish. There is no give-and-take with him.

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## Vocabulary Quiz

when it comes • trending • rest socialize • give-and-take • go for it

1. Don't be shy. You should **go for it**.
2. You can have the **rest** of the cake.
3. I am shy **when it comes** to parties.
4. Marriage is always **give-and-take**.
5. What is **trending** in the news?
6. He loves to **socialize** at parties.

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