



1438 Going Local

Katie and Gilda both live in Japan. They share home much of the culture, such as language and food, they use every day.

Katie: So, we're talking about going local as we're in a different country. How much of the local culture do you _____(1)? How much, like local ... cause we both live in Japan right? How much in percentage for example? How much Japanese food would you _____(2) you eat?



Gilda: Oh, I would say probably like 80% of my food is Japanese food. Yeah, I like it because most of it is _____(3) and it's actually like what I can get in the cafeteria at work so ...

Katie: That's convenient.

Gilda: It's convenient. What about you?

Katie: I _____(4) make my own food, and Japanese food is really difficult to make I think. I'm really _____(5) *when it comes to* cooking anyway. I'm really bad a cooking.

Word Forms

What is right form.

1. absorb / absorbing
2. say / saying
3. health / healthy
4. most / mostly
5. challenge / challenged
6. style / styles
7. percent / percentage
8. watch / watching
9. cook / cooking
10. ton / tons
11. program / programs
12. frustrated / frustrating

And to have to try to learn a new _____(6) of cooking is just too much for me. I'm really lazy. So I would probably say if I'm cooking food myself, I never cook Japanese food. Zero _____(7) of the time. I never, but if I go to a restaurant then sure, I can eat Japanese food sometimes.

Gilda: I sometimes _____(8) the TV and learn how to cook Japanese food. There's some easy recipes. Do you ever watch that - Japanese television?

Katie: I try, but like you said there's a lot of _____(9) programs

Gilda: That's what I was about to say, there's _____(10) of cooking TV shows, programs.

Katie: And I watch cooking _____(11) and I just get angry that I can't cook! I can't do it like that so I get _____(12), so I stop watching.

Gilda: Yeah, I see.

Katie: What about other kinds of shows? Like, not just cooking shows?

Gilda: Well, they have, I guess they have pretty funny shows, but I don't understand what they're saying, but I try to follow them,



Quiz

1) Gilda eats Japanese food ____ of the time.

- a) all
- b) most
- c) some

2) Katie says she ____ cooks Japanese food.

- a) often
- b) sometimes
- c) never

3) Katie watches ____ programs and gets angry.

- a) news
- b) cooking
- c) documentary

4) Gilda speaks Spanish with his friends ____ .

- a) all the time
- b) some of the time
- c) very rarely

5) Katies ____ to speak English with Japanese friends.

- a) likes
- b) does not like
- c) refuses

Vocabulary

when it comes to

I'm really challenged *when it comes to* cooking.

The phrase *when it comes to* means **regarding, about, or concerning**. Notice the following:



1. I am terrible when it comes to math.
2. When it comes to sports, I am hopeless.

trending

What's *trending* in Japan.

When something is trending, it is very popular at the time. Notice the following:



1. What shows are trending these days?
2. I love to follow what's trending on twitter.

rest

And *the rest* would be English.

Here, the word *rest* means **remaining**, or what is left from a group. Notice the following:



1. She ate the rest of the pizza from last night.
2. I can remember some of the story, but I forgot the

and yeah, sometimes they are very interesting. They also talk about the clothing season, what's **trending** in Japan. What young people would do, and they have some interviews sometimes, and they're always teaching you something, so that's something I like about Japanese TV, you always learn something, from other countries as well. That's true.

Katie: That's true. So how about your friendship circle? How much percent of your friends would you say are Japanese versus International?

Gilda: Oh, I would say probably 40% are Japanese. Yeah, the rest of them are international people cause I work with international people, so I spend most of the time with them.

Katie: And when you're with your Japanese friends, so you speak mostly in English, or mostly in Japanese?

Gilda: Oh, I would say like probably 70% Japanese and **the rest** would be English because normally when they know a second language, it's English not Spanish, so I like zero percent Spanish, a lot of Japanese, but yeah like I would say 70% of the conversation is in Japanese also because I want to practice my Japanese.

Katie: Right.

Gilda: What about you?

Katie: Well, I would say out of my friends, recently, I've had like no time to **socialize**, so probably like 30% of my friends are Japanese, but when I speak with them it's mostly in Japanese. I don't like speaking in English. For me, for the same reasons as you, like, I want to practice my Japanese

Gilda: But I would say that from my Japanese friends, like most of them, probably like 80% of them always want to speak in English because they want to practice English too, so it's like a **give-and-take**, like we speak a little bit in Japanese, but sometimes we speak more in English. It depends also the topic and what you're talking about.

Katie: If it's a topic you can talk about, then, yeah, **go for it** in Japanese, but if it's a difficult topic ...

Gilda: Yes, exactly, yeah!

Speaking Challenge

Answer these questions related to the lesson.

Q1 When it comes to sports, are you a good athlete?

A1

Q2 Do you like to socialize with new people?

A2

Q3 What is trending now in social media?

A3

Q4 Is your country easy for foreigners to live in?

A4

Q5 What is hard for new people to adapt to in your area?

A5

rest.

socialize

I've had like no time to **socialize**,

When you socialize, you talk and chat with people, such as friends or people you meet. Notice the following:



1. I love to socialize at parties.
2. You should not socialize too much at work.

give-and-take

So it's like a **give-and-take**.

When something is give-and-take, two people need to compromise so both sides are happy. Notice the following:



1. All strong relationships are give-and-take.
2. He is so selfish. There is no give-and-take with him.

go for it

Yeah, **go for it** in Japanese.

When you go for it, you try to do something that is challenging that you think you cannot do, or will not like. Notice the following:



- I am afraid to take the new job offer.
- You will be fine. Go for it!

Vocabulary Quiz

when it comes • trending • rest
socialize • give-and-take • go for it

1. Don't be shy. You should .
2. You can have the of the cake.
3. I am shy to parties.
4. Marriage is always .
5. What is in the news?
6. He loves to at parties.

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3. I am shy when it comes to parties.
4. Marriage is always give-and-take .
5. What is trending in the news?
6. He loves to socialize at parties.

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