



### 1462 Nepal Travel Tips

Jin gives Adam some ideas about things he can do in her home country of Nepal.

**Adam:** Alright, hi Jin!

**Jin:** Hi, Adam.

**Adam:** How \_\_\_\_ you doing?

**Jin:** I'm doing good.

**Adam:** Ah, you're \_\_\_\_ Nepal right?

**Jin:** Yes, I \_\_\_\_ .

**Adam:** I was thinking about going there. Could \_\_\_\_ tell \_\_\_\_ some good places \_\_\_\_ visit while I'm in Nepal?

**Jin:** Yeah, sure. It's really nice a nice place. I mean, you should totally come \_\_\_\_ my country. I would recommend that you should go \_\_\_\_ a place called Pokhara because that's \_\_\_\_ most famous tourist site in Nepal. There's \_\_\_\_ really beautiful lake there, and then I know that you like sports, \_\_\_\_ then there are so many different kinds \_\_\_\_ activities like **bungee jumping**, **rafting**, kayaking... I don't know. What \_\_\_\_ it?

**Adam:** Kayaking?

**Jin:** **Kayaking**, yeah! So yeah, I think you'll love \_\_\_\_ there. That's \_\_\_\_ best place I would say.

**Adam:** Oh, cool! How far \_\_\_\_ that from the **capital**?

**Jim:** Ah, you have \_\_\_\_ take a mini-bus, and \_\_\_\_ will take \_\_\_\_ around six hours and you'll \_\_\_\_ there.

**Adam:** OK, cool! When's the best time \_\_\_\_ go there?

**Jin:** I think during spring would \_\_\_\_ better.

**Adam:** Yeah?

**Jin:** Yeah. It's really nice there, like, and the people are really nice. The food is amazing, and there's a really good nightlife there because people ... like there's ... what do you call it ... pubs, and like live music, so yeah, it's a really fun place to be at night and in the daytime.



**Blanks!**  
Complete the gaps.

**Example**  
I have \_\_ leave soon.

**Write**  
I have to leave soon.



## Quiz

1) What does she say about Pokhara?

- a) It is the capital.
- b) She recommends it.
- c) She is from there.

2) She does not mention \_\_\_\_ .

- a) hiking
- b) kayaking
- c) rafting

3) You can get Pokhara from the capital in six hours by \_\_\_\_ .

- a) plane
- b) train
- c) bus

4) She says the food is \_\_\_\_ .

- a) amazing
- b) healthy
- c) organic

5) The festival lasts \_\_\_\_ .

- a) one day
- b) two days
- c) three days

## Vocabulary

### bungee jumping

People do bungee jumping.

Bungee jumping is a sport where people jump off high places tied to a cord that keeps them from hitting the ground. Notice the following:



1. Have you ever tried bungee jumping?
2. Bungee jumping looks very dangerous.

### rafting

We went rafting on the river.

Rafting is a sport or pastime of traveling down a river on a raft.



1. We went white-water rafting.
2. Let's go rafting when the river is full.

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**Adam:** That's great. I love live music. Do you have any like events or festivals that I should go to when I'm in Nepal

**Jin:** Actually, in Nepal there's a lot of festivals, but I would recommend you to go there when there's a festival called Holi. It's around February ... March. (Laughter) So yeah, the festival is around March and what we do is we play with colors. We throw colors at each other, and then even throw **water balloons**. It's really fun, like the whole environment is really colorful, bright and everyone is very happy.

**Adam:** Yeah, that sounds like a lot of fun. I think I've seen pictures of that before. How many days is that **celebration**?

**Jin:** It's actually only one day.

**Adam:** Oh, really?

**Jim:** Yeah.

**Adam:** Cool, I really want to go. Anything else you can tell us about Nepal?

**Jin:** If you like hiking, then Nepal has a lot of mountains. Actually, Mt. Everest is in Nepal so you can even try going there.

**Adam:** Wow, that would be amazing. I really look forward to going there. Thank you so much for your time today.

**Jin:** Sure anytime!

## Speaking Challenge

Answer these questions related lesson.

Q1 Would you go kayaking?

A1

Q2 Would you go bungee jumping?

A2

Q3 What is a fun celebration in your country?

A3

Q4 What city would you recommend in your country?

A4

Q5 Would you like to go to the Holi Festival?

A5

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- Check Answers
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## kayaking

We went kayaking on the lake.

Kayaking is a sport of traveling across water by paddle in a small boat made for one person.

1. Do you want to go kayaking?
2. The Inuits invented the kayak.



## capital

Is that the capital city?

The capital city is the main city for a country in terms of government or business.

1. The president lives in the capital city.
2. London is the capital of England.



## water balloon

People threw water balloons.

A water balloon is a balloon filled with water, with the intention of getting people wet. Notice the following:

1. I was hit by a water balloon.
2. Kids love to fight with water balloons.



## celebration

How many days is that **celebration**?

A celebration is a special day or event to honor a day or person. Notice the following:

1. After winning the game, they had a celebration.
2. Most cultures have a celebration after a wedding.



## Vocabulary Quiz

bungee • rafting • kayaking  
capital • balloon • celebration

1. The main city is the \_\_\_\_\_ city.
2. I went \_\_\_\_\_ jumping last week.
3. We went \_\_\_\_\_ down the river.
4. He hit me with a water \_\_\_\_\_.
5. You can go \_\_\_\_\_ on any body of water.
6. A \_\_\_\_\_ is a party.