



## Disc 12 ~ Episode 1 On Track ~ In Bounds



### Video Summary

In this 9-minute piece, Chad explains how God and society place boundaries in our lives. If understood properly, these restrictions actually give us the freedom to safely enjoy many of life's experiences.

One graphic illustration in this episode involves boundaries that our physical bodies have. Through images of induced vomiting, the message of substance abuse violating our bodies' physical boundaries is reinforced.



### Icebreaker

#### The Ventriloquist

A young ventriloquist one night was doing a show in a small town in Arkansas. With his dummy on his knee, he starts going through his usual dumb blonde jokes.

Suddenly a blonde in the 4th row stands on her chair and starts shouting: "I've heard enough of your stupid blonde jokes. What makes you think you can stereotype women that way? What does the color of a person's hair have to do with her worth as a human being? It's guys like you who keep women like me from being respected at work and in the community and from reaching our full potential as a person, because you and your kind continue to perpetuate discrimination against not only blondes, but women in general, and all in the name of humor!"

The embarrassed ventriloquist begins to apologize, and the blonde yells, "You stay out of this, mister! I'm talking to that idiot on your knee."



### Primary Lesson

There is safety, fun and purpose within God's boundaries

As Christians, we are stewards over our time, our decisions and our bodies. Staying in bounds will protect and bless our lives and our health. But it is not simply knowing our limits and saying no to things that might not be healthy for us, its equally a case of saying yes to things God is inviting us to be a part of. It's about recognizing our spiritual gifts and allowing them to influence our decisions about how we spend our time and our energy. Sometimes we have to say no to what is good to make room for what is best. Ultimately it is about Jesus and His call on our lives. This is the most important reason to stay in bounds. It will keep you on track with the purposes of God for your life.



### Facts, Figures & Illustrations

- The tallest roller coaster in the world is 456 feet. It is called Kingda Ka and is found in Jackson, New Jersey in the USA. It is also the fastest roller coaster attaining speeds of 128 miles per hour. It was built in 2005.
- A recent study concluded that a visitor to an amusement park has a one in one-and-a-half billion chance of being fatally injured, and that the injury rates for children's wagons, golf, and folding lawn chairs are higher than for amusement rides. In fact, driving to the amusement park has a higher risk of injury than riding the rides at the amusement park.
- Most fighter pilots are trained to withstand nine g-forces, which is nine times the force of the Earth's gravity. At 175 pounds, you would weigh 1,575 pounds with nine g-forces applied to your body. Most roller coasters dish out four G-forces. Even at only six g-forces, a 175 pound person would feel like they weigh 700 pounds.
- In the state of Texas it is legal to use deadly force against trespassers on one's property after dark.
- Each year in Canada about 50 people are killed and another 50 are seriously injured while trespassing on railway lines and property.

- It is quite common that when one person vomits, others nearby will become nauseated, particularly when smelling the vomit of others, often to the point of vomiting themselves.
- An emetic, such as an over-the-counter syrup, is a substance that induces vomiting when administered orally. An emetic is used medically where a substance has been ingested and must be expelled from the body immediately. Inducing vomiting can remove the substance before it is absorbed into the body. Using emetics often is very detrimental to your health.

Source: [www.wikipedia.org](http://www.wikipedia.org)



### Key Scriptures

(From NKJV, unless otherwise noted)

**Genesis 4:7** ~ *If you do well, will you not be accepted? And if you do not do well, sin lies at the door. And its desire is for you, but you should rule over it.*

**1 Corinth 13:11** ~ *When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things.*

**Proverbs 26:11** ~ *As a dog returns to his own vomit, So a fool repeats his folly.*

**Romans 6:16** ~ *Do you not know that to whom you present yourselves slaves to obey, you are that one's slaves whom you obey, whether of sin leading to death, or of obedience leading to righteousness?*



### Complimentary Story

Lawn Chair Larry (true story)

*Below is the story of a man who broke many boundaries in one day –  
Source: [www.TruthorFiction.com](http://www.TruthorFiction.com)*

In 1982, Larry Walters went to the local Army-Navy surplus store and purchased 45 weather balloons and several tanks of helium. He securely strapped the balloons to his sturdy lawn chair and anchored the chair to the bumper of his jeep and inflated the balloons with the helium. Larry packed several sandwiches and a six-pack of Miller Lite and loaded his pellet gun figuring he could pop a few balloons when it was time to descend. Larry's plan was to lazily float up to a height of about 30 feet above his back yard and come back down in a few hours.

Things didn't quite work out that way. When he cut the cord anchoring the lawn chair to his jeep, he streaked into the Los Angeles sky as if shot from a cannon. He didn't level off at 30 feet but at 16,000 feet above the airport. At that height he couldn't risk shooting any of the balloons so he stayed there drifting cold and frightened for more than 14 hours. It was at that time that he found himself in the primary approach corridor of Los Angeles International Airport (LAX).

A Pan Am pilot first spotted Larry. He radioed the tower and described passing a guy in a lawn chair...with a gun. Radar confirmed the existence of an object floating 16,000-ft above the airport. LAX emergency procedures swung into full alert and a helicopter was dispatched to investigate. The offshore breeze began to flow and carried Larry out to sea. Right on Larry's heels was a rescue helicopter. The helicopter ascended to a position several hundred feet above Larry and lowered a rescue line. Larry snagged the line, with which he was hauled back to the shore. As soon as Larry was back on earth, he was arrested by waiting members of the Los Angeles Police Department for violating LAX airspace.



## Discussion Questions

1. Discuss some of the boundaries that are present in your everyday lives.
2. Discuss how society enforces the boundaries that it has set. What are the natural consequences of breaking the law or society's expectations? Discuss levels of punishment, from fines, to imprisonment, to the death penalty. How about social rejection, like gossip, the tabloid press and pushing people out of social circles?
3. Discuss some of the boundaries that many of the people you know are breaking, not only naturally, but spiritually. Make sure you cover attitudes and actions towards parents, legal laws, sexual boundaries, and chemical boundaries including all kinds of drug use. Share what part of the video spoke most to you?
4. What are the consequences of breaking God's laws? Does God require that we pay a fine or price for violating His boundaries? Where do you turn when you can't pay the fine? Pray for each other that you will learn to live life the fullest and enjoy life within God's boundaries.

